

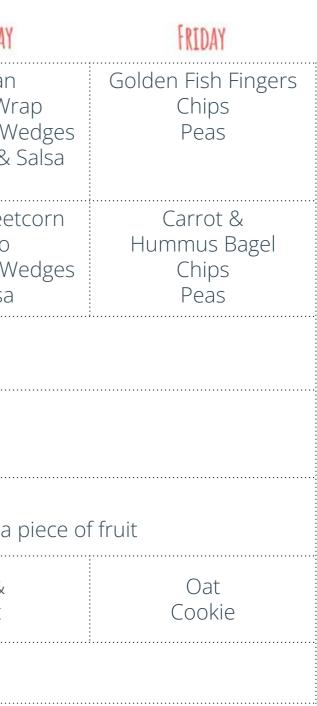




LUNCH AFNU WEEK 1

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY
9 6 ⁵	MAIN EVENT	Beef Bolognese Whole Grain Pasta Green Salad	Bangers & Mash Green Beans	Roast Chicken & Stuffing Roasties Fresh Veg & Gravy	Mexican Chicken Wr Oven Baked W Sweetcorn & S
MEAT-FREE MAGEC	MEAT-FREE MAGIC	Veggie Bolognese Whole Grain Pasta Green Salad	Veggie Bangers & Mash Green Beans	Cheese & Tomato Quiche Roasties Fresh Veg	Bean & Sweet Burrito Oven Baked W & Salsa
	PASTA TWIRLER	Hot Tomato Pasta with or without grated cheese			
THE BIG TOPPLING	BIG TOPPING	Crispy Skin Jackets with Tasty Toppings			
PILIX AND MIL	PICK AND MIX	Pick & Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake dessert & a			
	DESSERT TROLLEY	Treacle Sponge & Custard	Carrot Cake	Marble Sponge Cake	Jelly & Fruit
		Fresh fruit available every day.			

Spring / Summer 2023 : 20/2, 13/3, 3/4, 24/4, 15/5, 5/6, 26/6, 17/7





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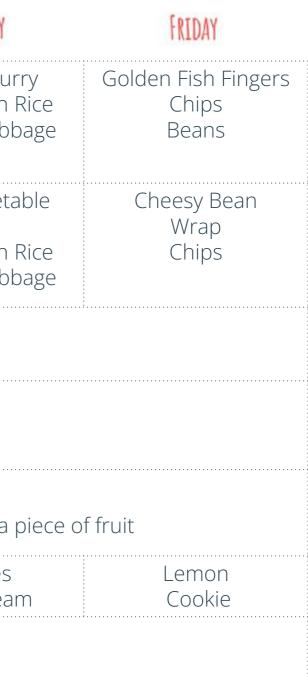


LUNCH WEEK 2 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
MAIN EVENT	Margherita Pizza Cucumber Pasta Salad	Beef Burger in a Bun Wedges Sweetcorn	Roast Gammon Roasties Fresh Veg & Gravy	Chicken Curr Whole Grain R Coconut Cabba	
MEAT-FREE MAGIC	Mac n Cheese Cucumber Pasta Salad	Veggie Burger in a Bun Wedges Sweetcorn	Summer Veg Tart Roasties Fresh Veg & Gravy	Sweet Vegetal Curry Whole Grain R Coconut Cabba	
PASTA TWIRLER	Hot Tomato Pasta with or without grated cheese				
BIG TOPPING	Crispy Skin Jackets with Tasty Toppings				
PICK AND MIX	Pick & Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake dessert & a p				
DESSERT TROLLEY	Apple Crumble	Vanilla Cup Cake	Chocolate Brownie	Peaches & Ice Crean	
		Fre	sh fruit available every o	day.	



Spring / Summer 2023 :27/2, 20/3, 10/4, 1/5, 22/5, 12/6, 3/7, 24/7









Spring / Summer 2023: 6/3, 27/3, 17/4, 8/5, 29/5, 19/6, 10/7, 31/7

MFNU LUNCH WEEK 3

TUESDAY

K C	PICK AND MIX	Pick & Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake dessert &			-	
	BIG TOPPING	Crispy Skin Jackets with Tasty Toppings				
NS I	PASTA TWIRLER	Hot Tomato Pasta with or without grated cheese				
	MEAT-FREE MAGIC	Veggie Supreme Pizza Baguette Sweetcorn	All In One Veggie Sausage & Cheesy Potato Bake Carrots	Carrot & Stuffing Pastry Plait Roasties Fresh Veg & Gravy	Chinese Ome Whole Grain Five Spice Cauliflowe	
Or	MAIN EVENT	Cheese & Tomato Baguette Pizza Sweetcorn	All In One Sausage & Cheesy Potato Bake Carrots	Roast Chicken & Stuffing Roasties Fresh Veg & Gravy	Pineapple Chi Whole Grain Five Spice Cauliflowe	

Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit

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Banoffee Dessert

MONDAY

Vanilla Sprinkle Sponge

Chocolate Cornflake Cake

Apple Sponge Cake

Fresh fruit available every day.

WEDNESDAY

THURSDAY FRIDAY Golden Fish Fingers hicken n Rice Chips Beans ice ver Vegetable nelette Fingers n Rice Chips ce Beans ver Flapjack