



School newsletter



Mrs F Moore, Headteacher 0115 9156 995 admin@st-augustines.nottingham.sch.uk

18.11.22

Dear Parents/ Carers,

Wow! What a week!

Every minute counts at St. A's! Lots of learning and laughing with each other, as we reached out for an another anti-bullying week.

If you have you have any queries or concerns please do catch me at the school gate at the beginning or end of the school day or email me francesmoore@st-augustines.nottingham.sch.uk

CLASS	%
Reception NK	81
Reception SP	84
Year 1	89
Year 1/2	94
Year 2	85
Year 3	96
Year 3/4	96
Year 4	96
Year 5	97
Year 5/6	97
Year 6	96

ATTENDANCE AND BEING ON TIME COUNTS TARGET:

All classes 96%

A huge well done to **Year 5 Miss Healy's and Year 5/6 Mr Napthine's class both with 97%** attendance!

2 treat squares from me!

Overall School Attendance: 93%

National Expectation is 95% - We can do better!

Don't forget, your views are so important to us.

You can register on Ofsted's website and then there are just a few questions to answer about our school, it only takes a few minutes. You can find the website at:

<http://parentview.ofsted.gov.uk/>



School newsletter



Part of
**OUR LADY
OF LOURDES**
CATHOLIC MULTI-ACADEMY TRUST



Anti-Bullying Week 14th– 18th November 2022

This week in school we have been celebrating anti-bullying week. Spreading the word that we all need to reach out! We started the week off with a bang by watching a streamed video on how we can keep safe online - Captain Wonderweb and the Cyber Patrol. We wore silly socks on Monday to illustrate how we are all unique. On Tuesday we gathered as a whole school to unite. In our school everyone is welcome! On Wednesday we took part in class-based activities as part of our weekly PSHE curriculum to learn about how our mental health is vital to succeed and discuss ways we can stop bullying. On Friday we wore spots to celebrate children in need and had a special celebration assembly on why it is so important to raise money for such a special cause. We were also very lucky to watch a pantomime production of Snow White! We understand how creating opportunities to improve our children's wellbeing is vital. To finish our week off we were visited by Catherine Kirk, our Well-being Award Advisor who visited our school to see how much we have progressed in our journey to achieving the award. Our Well-being Ambassadors were able to meet Catherine and talk about their very important roles in school to promote the 5 ways to wellbeing. It's been an incredible week for us and we are so excited to share with you the successes we have had! A huge thank you to Miss Thomas for all her hard work and commitment in leading this. ❤️



School newsletter



Punctuality

Please ensure that your child arrives at school no later than 8.55am.

This is the time school starts and every minute counts!

If your child arrives late it has a huge impact on their academic progress and disrupts the teacher's lesson (which has already started).

Thank you for your support in this.
Mrs Moore



Remember St Augustine's is now on Twitter! To keep up to date with everything the school is doing please follow us **@staugustinesNG3**.

There will be lots of photos and updates on Twitter when join today.

School Advent Calendar Competition

We are loving all the creativity shown in beautiful drawings that have been entered so far. Don't worry if you have not yet entered there is still plenty of time. So get your glitter at the ready and find that perfect tinsel, to create a picture that reminds you of what you love about Christmas, for example snowmen, holly, Bethlehem, Christmas trees, the list is truly endless. We cannot wait to see what you come up with. But remember to hand them into the **office by Wednesday 30th November** for your chance to be chosen for the school advent calendar and to win a mystery prize.



Christmas Tree Trail

We're so excited to announce that we are holding our first ever Christmas Tree Trail on **Thursday 8th December 2022**. We are inviting everyone to come at the following times:

Nursery and FS2/ KS1 3.30pm to 4.30pm

KS2 4.30pm to 5.30pm

If you have children in several years please choose the time most convenient to you.

The trees are decorated by the children around an allocated theme.

We would love you to join us and then enjoy a cuppa and a mince pie afterwards.





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Times Table Rock Stars

The children rocked out for the day to remind them that TTRS/Numbots is one of the best ways to learn their multiplications! There was a live electric guitar performance from Isaac in an assembly of rock themed maths. The children looked rock-tastic in their clothes! Remember to keep logging on to TTRS to win 'Battle of the Bands' for the class and the chance to be Rocker of the week.



It's behind you!

Pantomime Snow White!

FS2 to Year 6 loved watching a live show today.

It was wonderful hearing the laughter and singing echoing down the corridors!



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Children In Need

Thank you. An amazing day and the children looked superb!

All donations will help improve the lives of disadvantaged children and young people around Nottingham and the UK.



School newsletter



Well Being Corner

Healthy Kids, From Head-to-Toe

<h4>Brain</h4> <ul style="list-style-type: none"> * Essential nutrients: DHA, zinc, B vitamins, especially folate, and phosphatidylcholine. * Good foods: Fish (salmon, tuna, and trout), beef, eggs, chicken, citrus fruits, turkey, nutritional yeast, beets, and Brussels sprouts. * Healthy tip: Turn up the music. Studies show music helps calm anxiety, enhance attention, and boost the release of endorphins. 	<h4>Teeth</h4> <ul style="list-style-type: none"> * Essential nutrients: Vitamins A and C, and calcium. * Good foods: Cottage cheese, Parmesan cheese, tofu, broccoli, kiwi, and strawberries. * Healthy tip: Use a toothpaste or toothpaste tablet with xylitol, a natural substance that helps prevent tooth decay. 	<h4>Muscles</h4> <ul style="list-style-type: none"> * Essential nutrients: Protein, potassium, magnesium, and iron. * Good foods: Red meat, bananas, coconut water, dark chocolate, lentils, white beans, and spinach. * Healthy tip: Ease kids' sprains and strains with topical magnesium (lotion, oil, or bath flakes). 	<h4>Respiratory Health</h4> <ul style="list-style-type: none"> * Essential nutrients: Zinc, vitamins A, C, and D, and iron. * Good foods: Quinoa, pumpkin seeds, edamame, red bell pepper, kefir, and kimchi. * Healthy tip: Add decongestant essential oils such as eucalyptus and grand fir to a diffuser.
<h4>Eyes</h4> <ul style="list-style-type: none"> * Essential nutrients: Vitamin A, lutein, and zeaxanthin. * Good foods: Kale, sunflower seeds, chia seeds, papaya, Brazil nuts, and egg yolks. * Healthy tip: Take kids 5 and up for yearly eye checkups. 	<h4>Heart</h4> <ul style="list-style-type: none"> * Essential nutrients: Omega-3s, magnesium, and potassium. * Good foods: Wild salmon, walnuts, black beans, avocado, watermelon, and potatoes. * Healthy tip: Take a "quiet time" break—meditation has been shown to promote heart health. 	<h4>Bones</h4> <ul style="list-style-type: none"> * Essential Nutrients: Calcium, vitamins D and K, and magnesium. * Good foods: Dairy products, soy milk, leafy greens, almonds, pumpkin seeds, chicken, and green beans. * Healthy tip: Whip up a tasty green smoothie—it helps keep calcium in the bones. 	<h4>Digestive Health</h4> <ul style="list-style-type: none"> * Essential nutrients: B vitamins, zinc, vitamin C, and magnesium. * Good foods: Fatty fish, dairy products, leafy greens, meat, nuts and seeds, and dark chocolate. * Healthy tip: Adopt a non-GMO diet—toxins may trigger digestive issues in kids.

Reach out: be empowered to do something positive to counter the harm and hurt that bullying causes.



School newsletter



DIARY DATES ADVENT

Please keep this safe-New Dates Added

Date	Event
Monday 21st-23rd November 2022	Year 6 Briars Residential Trip
Monday 21st November 2022	F2 to visit St Augustine's Church
Monday 5th December 2022	Year 4 Carol Service at Nottingham Cathedral
Thursday 8th December 2022	Christmas Tree Trail 4pm until 5.30pm
Monday 12th December 2022	KS1 Christmas Performance 2pm
Tuesday 13th December 2022	Christmas Fundraiser Disco: <ul style="list-style-type: none"> Nursery and FS2 10.15am until 11.15am KS1 1.45pm until 3.15pm Year 3, Year 3/4 and Year 4 3.30pm until 5.30pm More information to follow
Wednesday 14th December 2022	FS2 Nativity Performance 2.30pm
Thursday 15th December 2022	<ul style="list-style-type: none"> F2 and Year 1 The Singing Mermaid Christmas School Dinner Day Year 5, Year5/6 and Year 6 Christmas Disco Fund-raiser 3.30pm until 5.30pm more information to follow
Monday 19th December 2022	Year 5 Trip to Savoy Cinema
Wednesday 21st December 2022	Inset Day - School Closed
Thursday 22nd December 2022	School Closed- Christmas Holidays
Wednesday 4th January 2023	School Opens - New Term
Thursday 19th January 2023	<ul style="list-style-type: none"> Coffee Morning 9am until 10am school hall FS2 Visit to Library NK 1.30pm
Friday 20th January 2023	FS2 Visit to Library SP 1.30pm
Thursday 26th January 2023	FS2 Winter Walk NK 1.30pm
Friday 27th January 2023	FS2 Winter Walk SP 1.30pm
Friday 10th February 2023	Inset Day - School Closed
Monday 13th February 2023	School Closed - February Half Term (1 Week)
Monday 20th February 2023	School Open - New Term



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School Term Dates and Holidays for 22/23

Date	Event
Wednesday 21st December 2022	INSET DAY
Thursday 22nd December 2022	School Closed for Christmas Holidays
Wednesday 4th January 2023	School Opens for New Term
Friday 10th February 2023	INSET DAY
Monday 13th February 2023	School Closed for Half Term (1 Week)
Monday 20th February 2023	School Open for New Term
Monday 3rd April 2023	School Closed for Easter Holidays (2 weeks)
Monday 17th April 2023	School Open for New Term
Monday 1st May 2023	Bank Holiday School Closed
Monday 8th May 2023	Bank Holiday for Coronation School
Monday 22nd May 2023	INSET DAY
Monday 29th May 2023	School Closed for Half Term (1 Week)
Monday 5th June 2023	School Open For New Term
Monday 3rd July 2023	INSET DAY
Tuesday 25th July 2023	Last Day of School
Wednesday 26th July 2023	School Closed for Summer Holidays





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OPEN DAY

Is your child due to start school in September 2023?

Come and see why our school is a fantastic choice for your family.

To confirm attendance please call the school office on 0115 915 6995



Meet our Headteacher and Foundation Stage Lead

on

Saturday 10 December 2022

10am-12pm



School newsletter



Safeguarding at St Augustine's

Learning to Serve - Loving to Learn

Who do you talk to in school about safeguarding concerns?



Designated Safeguarding Lead – Frances Moore



Deputy DSL – Laura Bates



Assistant DSL – Natasha Knight

Who do you talk to if you have concerns about a colleague...What if it's the Head you are worried about?

If you have a concern about a colleague – always report to **Headteacher**

If you have a concern about the Headteacher – report to the CEO of the Trust

Mr James McGeachie j.mcgeachie@ololcatholicmat.co.uk

LADO - Caroline Hose caroline.hose@nottinghamcity.gov.uk